

Meadows of Hope 1226 Silver Spring Rd. Holtwood, PA 17532

Phone: 717.284.2019 www.meadowsofhope.org



RESTORING HOPE. TRANSFORMING LIVES.

Frequently asked questions...

- Licensing: Meadows of Hope is licensed by the PA Department of Human Services as a child residential facility.
- Homevisits: every 2 months, all the girls go home for a scheduled 10 day visit.
- School: the teen girls attend MOH Christian School on site, registered with PA's
 Dept. of Education, 5 days a week year-round for 4 hours daily.
- Tuition: generous donors, along with the EITC and SPE programs (designating tax monies for schools), help families afford the monthly tuition.
- Program length:

 12-24 months, depending on a teen girl's ability and willingness to grow and heal.





MOH serves...

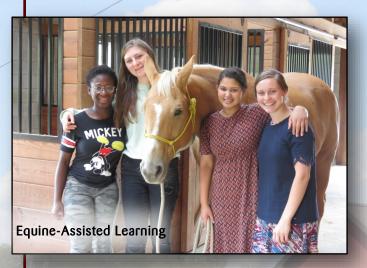
- ◆ Teen girls between ages 13-19
 (applicants not accepted over 17 ½).
- Teen girls (from committed families) who are willing to change.





Discipling struggling teen girls into healthy relationships with God and others through a structured, loving, and group-focused environment.

The teen girls live in a group
of 8-10 with 2 female mentors
who lead and coach them through each
day's opportunities for growth.



Core of Program

- ♦ Groupwork
- Structure and Routine
- Relationships
- Problem-solving
- Goals and Evaluation

THIS HOPE WE HAVE AS AN anchor of the soul,

BOTH SURE AND STEADFAST.

HEBREWS 6:19

MOH Daily Life

- Wake-up routine and quiet time.
- Three daily meals at the table.
- Feeding the horses and mucking out stalls.
- School. Counseling one-on-one.
- Culinary and Creative Expression.
- Equine-assisted learning sessions.
- Group circle-ups to discuss issues, process and solve problems.
- Siesta. Cleaning. Lawn-mowing and flowerbeds.
- Working on personally-created goals to grow in relationships.
- Extended wilderness backpacking and canoe trips.
- Group-planned fun evenings.
- Reflecting on our day as a group.





Change happens in relationship





Groupwork - Living together can be powerful for connection, accountability, and motivation as the mentors model to the girls how to lovingly speak into each other's daily choices.

Goals and Evaluation - Each girl sets goals for where she struggles and evaluates them every 4-5 months with her parent(s) and staff, before creating new ones.

Long-term aim - For a teen girl to thrive as she integrates back into her home and area.

"When I chose to come to MOH, I was hurt and depressed. I've learned to talk about my emotions instead of reacting negatively and to trust that God is good. It's amazing because staff are a huge part of the program, but the girls play just as big of a part. We speak into each other's lives and are inspired and influenced by each other."

- Graduate

